

Recommended Reading



- **Alternative Medicine: The Definitive Guide**, Burton Goldberg Group, Future Medicine Publishing, Tiburon, CA 1994.
- **Between Heaven and Earth: A guide to Chinese Medicine**, Harriet Beinfield, L.Ac., Efrem Korngold, O.M.D., L.Ac., Ballantine Books, New York, NY 1991.
- **Chinese Herbal Medicine, Formulas and Strategies**, Compiled and translated by Dan Bensky and Andrew Gamble, with Ted Kaptchuk, Eastland Press, Vista, CA 1986.
- **The Chinese Way to Healing: Many Paths to Wholeness**, Misha Cohen, O.M.D., L.Ac., Penquin Putnam, New York, NY 1996.
- **Complete Drug Reference**, United States Pharmacopeia 2002. Rockville, MD 2002. (This is an annual publication.)
- **Discovering Homeopathy: Medicine for the 21st Century**, Dana Ullman and Ronald W. Davey, North Atlantic Books, Berkeley, CA 1991.
- **Eat, Drink and be Wary**, T. Graedon, Rodale Inc., Emmaus, PA 2000.
- **Eating Well for Optimum Health: The Essential Guide to Food, Diet, and Nutrition**, Andrew Weil, Alfred A Knopf, New York, NY 2000.
- **The Encyclopedia of Natural Medicine**, M. Murray and J. Pizzorno, Prima Publishing, Roseville, CA 1997.
- **The Green Pharmacy**, J. Duke, St. Martin's Press New York, NY 1998.
- **Healing and The Mind**, Moyers, Bill, Doubleday, New York, NY. 1993.
- **Homeopathic Methodology: Repertory, Case Taking, and Case Analysis: : An Introductory Homeopathic Workbook**, M.D., Todd Rowe, Todd Rowe, Roger Morrison, North Atlantic Books, Berkeley, CA 1998.
- **The Illustrated Encyclopedia of Healing Remedies; Over 1000 natural remedies for the prevention, treatment, and cure of common ailments and conditions.** CN Shealy, Shaftsbury, Dorset, Elephant Books, Gilroy, CA1998.
- **Love, Medicine and Miracles**, Siegel, Bernie, MD., HarperCollins Publishers. New York, NY. 1986.
- **Natural Health, Natural Medicine: A Comprehensive Manual for Wellness and Self-Care**, Andrew Weil, Houghton Mifflin Co., Boston, MA 1998.
- **PDR for Herbal Medicines**, J. Gruenwald et al, Medical Economics Co., Montvale, NJ 1998.
- **The People's Pharmacy to Home and Herbal Remedies**, J. Graedon and T. Graedon, St. Martin's Press, New York, NY 1999.
- **Physicians' Desk Reference (PDR®)**, Medical Economics Co., Montvale, NJ 2004. (This is an annual publication.)
- **Pocket Manual of Meterica Medica with Repertory**, Boericke, William, M.D., Jain, 1982.
- **Quantum Healing**, Deepak Chopra, Bantam Books, New York, NY 1989.
- **Repertory of the Homoeopathic Materia Medica**, J.T. Kent , South Asia Books, Columbia, MO 1994.
- **Return of the Rishi**, Deepak Chopra, Houghton Mifflin Co., Boston, MA 1988.
- **The Web That Has No Weaver**, Ted Kaptchuk, Contemporary Books, Chicago, IL 1983.
- **Why People Don't Heal and How they Can**, Myss, Caroline, Ph.D., Three Rivers Press, New York NY. 1997.